Seasonal Local Organic



M-F 8am-3pm Sat & Sun 8am-3pm

SAMMIES

served w/ local apple or local potato chips

*gf bread + 2.50

SIGNATURE TURKEY

w/ bacon, pickled red onion, organic greens, cranberry mayo, goat cheese, on hearty wheatberry bread | 8.25

MAPLE BACON

turkey, thin sliced apple, cheddar cheese, bacon, maple spread, panini-pressed in thick, country white bread | 9.25

PESTO MOZZARELLA

fresh mozzarella, fire-roasted red pepper, pesto aioli, organic greens, cherry-wood aged balsamic, on wheatberry bread | 8.25

HOUSE WRAP

chicken or chickpeas, avocado, fresh greens, basil oil, scallions, fresh mozzarella | 9.75

WINTER SAMMIE

grilled chicken, bacon, lager cheddar spread, jalapeño- pickle relish, pork rinds, on sourdough bread | 10

THE BRUNCH SAMMIE

smoked salmon, pickled red onion, dill spread, chèvre, greens, Stoudt's Bakery organic sourdough bread, panini pressed, topped w/ a farm fresh fried egg | 10

SALADS

served on organic seasonal greens

WINTER CITRUS SALAD

orange slices, pomegranate, candied walnuts, goat cheese, organic greens, citrus vinaigrette | 9 | w/ chicken or organic chickpeas +2.45

SIGNATURE SALAD

chicken or organic chickpeas, cucumber, house pickled red onions, quinoa, shaved Parmesan, organic greens, herb buttermilk dressing | 10

SMOKED SALMON SALAD

pickled red beets, cucumber, scallions, organic quinoa, organic greens, herb buttermilk dressing | 12

SIDE SALAD

candied walnuts, goat cheese, organic greens, citrus vinaigrette dressing | 4

SOUPS

ROASTED RED PEPPER (GF)

w/ house basil oil & goat cheese cup | 4 bowl | 6

SEASONAL SOUPS

cup | 4 bowl | 6

add a cup of soup to any meal +3

MARKET PLATE

micro-seasonal specials | prices vary

PLATES

KOREAN GRAIN BOWL

fried farm egg, cucumber, pickled carrot, purple cabbage slaw, black sesame, scallions, on organic quinoa w/ Seoul sauce, chicken or organic chickpeas | 10.50

SWEET POTATO GINGER TURMERIC

organic sweet potatoes, organic greens, pumpkin seeds, pickled red onion, ginger turmeric sauce, organic quinoa, chicken or organic chickpeas | 10.50



DRINKS

COFFEE & HOT DRINKS

BREWED COFFEE

locally roasted and thoughtfully brewed Md | 1.93 Lg | 2.43

CAFÉ AU LAIT/ CAFÉ CON LECHE Md| 2.95 Lg| 3.95

ESPRESSO

ESPRESSO SHOT Single | 2.25 Double | 3.25

AMERICANOMd | 2.75 Lg | 3.75

CORTADO Gibraltar Shot | 3

CAPPUCCINO Md| 3.25 Lg| 4.25

LATTEMd| 3.65 Lg| 4.65

House-Made
Flavor Shots
Vanilla
Mocha
Salted Caramel
Chestnut Maple
Seasonal flavors
| .65

TEA

Hot or Cold Brew Md | 2.75 Lg | 3.25

LAVENDER LEMON BLOOD ORANGE BLACK HONEY GINGER

TEA LATTES

no espresso or coffee; teas & steamed milk add a shot of espresso for +1.00

GOLDEN LATTE

soothing turmeric, cinnamon, nutmeg, cardamom, apple honey, steeped in milk of choice*

Md | 4

CHAITEA LATTE Md | 3.65 Lg | 4.65

HOT CHOCOLATE Md| 3.25

HONEY STEAMER Md| 3

LOCAL APPLE CIDER Md| 3

* oat milk +.40 *almond milk +.40 *coconut milk +.40

COLD DRINKS

FRAPS

Caramel Mocha Vanilla Bean Md|3.85 Lg|4.85

ICED LATTE Md|3.65 Lg|4.65

COLD BREW COFFEE Md | 2.75 Lg | 3.50

HOUSE LEMONADE Md|2.75 Lg|3.50

COLD BREW TEA

Lavender Lemon Blood orange Black Tea Honey Ginger Md|2.75 Lg|3.25

ICED CHAI Md|3.65 Lg|4.65

> HOUSE KOMBUCHA

Md|3.25 Lg|3.75

SMOOTHIES

GREEN MONSTER

organic banana, peanut butter, greens, milk, cocoa, chia

PARADISE

organic mango, pineapple, strawberry, coconut

BLUE BREEZE

organic blueberries, lavender, hemp hearts

20 oz | 6.50



BREAKFAST

served until 11am | Gluten-Free Available

BREAKFAST BURRITO

three-egg burrito w/ organic sweet potato, black beans, avocado, cheddar, bacon, & side of sriracha aioli | 11

BACON, EGG, & CHEESE SANDWICH

cage-free brown farm egg, cheddar cheese, & bacon in a breakfast panini or on toasted English muffin | 6 | w/ avocado +1.25

SIGNATURE EGG SANDWICH

cage-free brown farm egg, goat cheese, roasted red pepper, & pesto aioli, in a breakfast panini | 6.45 | w/ bacon +1

AVOCADO TOAST

mashed avocado, spiralized cucumber, crumbled goat cheese, & basil oil on English muffin| 7 | put an egg on it +1 | bacon flakes +1

LOX ON TOAST

smoked salmon, cream cheese, pickled red onions, capers, on a toasted English muffin | 7

AÇAÍ BOWL (GF)

organic açaí, banana-thickened
smoothie, almond butter,
coconut, almonds,
pomegranate, chia,

gluten-free granola | 11

CINNAMON ROLL PANCAKES (GF)

gluten-free stack of four w/ cream cheese glaze & candied walnuts | 9

BANANAS FOSTER PANINI

bananas foster & sweet cream filling served w/ locally made syrup | 6.25

NUTELLA SWEET PANINI

Nutella & sweet cream filling served w/ locally made syrup | 6.25

*gf bread + 2.50

BREWED COFFEE

locally roasted & thoughtfully brewed Md 1.93| Lg. 2.43

ESPRESSO

see our full drink menu for specialty lattes and more

FRAPS

Md| 3.85 Lg| 4.85

House-Made
Syrups
Vanilla
Mocha
Salted Caramel
Hazelnut
Maple Chestnut
| .65

* oat milk +.40 *almond milk +.40 * coconut milk +.40

DRINKS

LOCAL CIDER

3.00

HOT COCOA

3.25

HONEY STEAMER

3.00

GOLDEN LATTE

4.00

HOUSE LEMONADE

MD | 2.85 LG | 3.50

SMOOTHIES

Green Monster

Paradise

Blue Breeze

Lg | 6.50

HOUSE KOMBUCHA

Md|3.25 Lg|3.75

TEA

Hot or Cold Brew Md | 2.75 Lg | 3.25

CHAI LATTE

Md|3.65 Lg|4.65